



# Empowering Youth & Families Program

For Middle School Youth

## *Designed to*

- Prevent youth substance misuse before it begins
- Improve family relationships and communication skills
- Educate communities about protective factors
- Build resilient people, strong families, and powerful communities

## *Included in registration, free of cost:*

- 10 sessions
- Family meal provided at each session
- Training in Community Engagement and Education

**Join us for dinner and Family Development this Fall starting November 4, 2019**

\*Paid for by SAMHSA

Mondays 5:30 – 7:00 pm  
Richmond County Cooperative Extension  
office:  
123 Caroline Street, Rockingham, NC 28397

Please call us! 910-997-8255

Free Family  
Program  
\*Paid for by SAMHSA



**NC STATE**  
EXTENSION  
Family & Consumer  
Sciences Program



**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

